





Writing the Draft Food Plan

 Needs assessment: health of the population and planet, food insecurity and drivers of eating habits

• UCL Research: Food Security and Civil Society in Barnet

 Building on previous work: Food Security Action Plan and other related strategies





Engagement sessions with community groups and relevant council teams

Review of the School Food Consultation findings, happening in parallel

Written submissions from community groups and individuals

Online public consultation via engage.barnet.gov.uk website

Ongoing engagement and feedback from the Barnet Food Steering Group



Main Priorities for Stakeholders and Residents

- Addressing climate change issues linked to food production and consumption
- Ensuring access to healthy, affordable food for all residents
- Enhancing the food environment in Barnet: healthier high streets, and opportunities for community food growing
- Addressing food insecurity in Barnet

Our Vision



Our vision is for everyone who lives, works and studies in Barnet to have access to affordable, healthy food. We want Barnet to be a healthy place, where the high street and food environment promote health and wellbeing and residents have access to food growing opportunities. We will continue to strengthen partnership and coordination between all actors in the food system, and leverage opportunities to decrease our carbon footprint linked to food waste and food production and consumption.



Barnet Food Plan: Three Themes



HEALTHY PEOPLE

What we eat is central to our health and wellbeing. Our vision is for everyone in Barnet to have access to healthy, affordable and climate-friendly food that meets their dietary needs and cultural preferences.

- We will deliver programmes such as the
 <u>Cardiovascular Disease</u> (CVD) Prevention
 Programme and Action Plan, Healthy Schools, and
 Sugar Smart to promote healthy eating knowledge
 and behaviours across the life course with targeted
 support for those with excess weight or chronic
 conditions.
- We will support individuals to access services and support such as the Holiday Activity Fund, and Healthy Start and cost-of-living support
- We will implement programmes which address financial vulnerability such as the Tackling the Gaps Action Plan and the Financial Vulnerability Action plan

Success Measures:

 Increase in the number of residents registered with Healthy Start Scheme, cost-of-living support mechanisms, and continued delivery of the Holiday Activity Fund

HEALTHY PLACE

We want Barnet to be a healthy place, where the high street and food environment promote health and wellbeing. We will deliver programmes to make our high streets healthier and create more opportunities for community gardening and food growing.

- We will work with food retailers on the Healthier Catering Commitment, and a Good Food Retail Plan and other initiatives such as Refill London, Breastfeeding Friendly spaces
- We will finalise and implement the Barnet
 Advertising and Sponsorship Policy which includes
 a ban on the promotion of foods high in fat, sugar
 and salt
- We will increase opportunities for community food growing by XXX (tbc from Danusia)
- Barnet will continue to strengthen partnership and coordination between all actors in the food system, including establishing a Barnet Food Partnership, and supporting the Barnet Food Hub
- Support BAME residents have equitable access to healthy, affordable and culturally appropriate food

Success Measures:

- Establishment of the Barnet Food Partnership and development of a local food system map
- Increase in the number of businesses signed up to the Healthier High Streets programme.
- Increase in the number of food growing spaces.

HEALTHY PLANET

Producing, transporting and disposing of food has a significant impact on biodiversity and climate change. Our vision is for Barnet to leverage opportunities to decrease our carbon footprint linked to food waste and food production and consumption. As purchasers and providers of food and catering services, we can put health and sustainability at the heart of our work; and demonstrate good practice.

- As part of this work, we will review and map our existing procurement contracts for food across the borough and work with suppliers to promote sustainable diets, sourcing and food waste reduction in relation to food that is bought and consumed across council service.
- Barnet will re-start food waste collections and we will promote and monitor this service at household and commercial levels

Success Measures:

 Procurement contracts related to food are identified and targets are set in relation to sustainable diets, sourcing and food waste